



BIO WASTE ALERT

In their latest study, Riddell, S., Goldie, S., Hill, A. et al. <https://doi.org/10.1186/s12985-020-01418-7>, found that at room temperature, SARS-CoV-2, the virus that causes COVID-19, can remain **on surfaces for up to 28 days**, and **21 days on K95 Masks**. In cold environments, such as meat packing facilities and frozen food warehouses, the virus remains active indefinitely! (Please see *underscored Italic text* on Pages 7 and 8 of the attached study, respectively.)

Hence, one of the biggest misconceptions is that just using a mask, and in some cases gloves, saves lives! Though wearing a mask can indeed save lives, the problem is that there is no adequate public awareness addressing the common, at times fatal, misconception about the **Bio Waste** created when masks and gloves are taken off or are discarded.

BreatheSafe.Life's virus neutralizing masks and gloves are safe to handle; these are not biowaste!

BreatheSafe.Life's products neutralize any virus, including the virus that causes the Covid-19 pandemic, virtually on contact, rendering accidentally touched and/or discarded masks "safe" to touch, and thus, preventing the dreaded cross contamination which is prevalent with nearly all traditional masks. There are a few metal-based virus neutralizing masks on the market, but heavy metals can cause serious lung tissue issues. BreatheSafe.Life's products are protected by safe, proven effective Livinguard technology; these contain no hazardous metals. See lab results on www.breathesafe.life.

See the breathesafe.life website for test data and technical information. BreatheSafe.Life's materials can be safely recycled as the gloves are fabric and the masks fabric merely have a metal nose-brace. The BreatheSafe.Life masks and gloves are also economical, as these can be safely worn for extended periods of time and washed in cold water for up to 210 uses, preserving the environment besides reducing the spread of viruses.

BreatheSafe.Life believes that very few understand that **traditional masks**, regardless of cost and quality, once worn, **become a source for cross-contamination**. Touching the outside of a traditional mask, means that you could expose yourself and others to hazardous Bio Waste. **Monthly, 194 billion, potentially deadly PPE are being discarded (according to Environmental Science and Technology)**.

The media mostly addresses the environmental impact, not third-party health risks; the following is a typical media example (CNN public domain):

Mark Benfield, a Louisiana State University professor, who focuses on microplastic pollution, states that "Gloves, masks and wipes are all plastic. When plastic items are discarded into the environment, many of these go into sewer systems or water bodies. Plastics breaks down into microplastics, which still attract pesticides and other harmful chemicals. So, when marine animals eat this, they don't just get the plastic, they get the chemicals too".

"I can't think of a material better designed to look like a jellyfish than gloves," Benfield adds.

Other experts agree: This is a growing environmental hazard.

"The PPE is intended to help us fight a public health challenge, not create a plastic pollution problem," said Adrienne Esposito, executive director of Citizens Campaign for the Environment.

The damage goes far beyond the marine ecosystem. Besides littering PPE in public areas, people are also disposing of these materials in their recycling. That's not where it's supposed to go.

"Even if they are plastic, they are not treated as curbside recycling," said David Biderman, executive director and CEO of the Solid Waste Association of North America (SWANA). "You bag it to prevent the environmental harm. They should be placed in a securely tight garbage bag and be put out with the regular trash for collection."

Study: The effect of temperature on persistence of SARS-CoV-2 on common surfaces

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Abstract

Background

The rate at which COVID-19 has spread throughout the globe has been alarming. While the role of fomite transmission is not yet fully understood, precise data on the environmental stability of SARS-CoV-2 is required to determine the risks of fomite transmission from contaminated surfaces.

Methods

This study measured the survival rates of infectious SARS-CoV-2, suspended in a standard ASTM E2197 matrix, on several common surface types. All experiments were carried out in the dark, to negate any effects of UV light. Inoculated surfaces were incubated at 20 °C (68 °F), 30 °C (86 °F) and 40 °C (104 °F) and sampled at various time points.

Results

Survival rates of SARS-CoV-2 were determined at different temperatures and D-values, Z-values and half-life were calculated. We obtained half-lives of between 1.7 and 2.7 days at 20 °C (68 °F), reducing to a few hours when temperature was elevated to 40 °C (104 °F). With initial viral loads broadly equivalent to the highest titers excreted by infectious patients, viable virus was isolated for up to 28 days at 20 °C (68 °F) from common surfaces such as glass, stainless steel and both paper and polymer banknotes. Conversely, infectious virus survived less than 24 h at 40 °C (104 °F) on some surfaces.

Conclusion

These findings demonstrate ***SARS-CoV-2 can remain infectious for significantly longer time periods than generally considered possible***. These results could be used to inform improved risk mitigation procedures to prevent the fomite spread of COVID-19.

Background

The World Health Organization (WHO) declared SARS-CoV-2 a pandemic on 11th March 2020 and as at the 7th August 2020, there have been over 18.8 million confirmed cases with more than 708,000 reported deaths from SARS-CoV-2 [1].

The transmission of SARS-CoV-2 appears to be primarily via aerosols [2,3,4] and recent studies have shown that SARS-CoV-2 is able to remain infectious in airborne particles for greater than 3 h [5, 6]. The role of fomites in the current pandemic is yet to be fully determined, although they have been suggested as a potential mode of transmission [7] also reflected by the strong focus on hand-washing by WHO and national control schemes. Broadly, viruses have been shown to be readily transferred between contaminated skin and a fomite surface [8], with high contact surfaces such as touchscreens on mobile phones, bank ATMs, airport check-in kiosks and supermarket self-serve kiosks all acting as fomites for the transmission of viruses [9]. Fomite transmission has previously been shown to be a highly efficient procedure, with transmission efficiencies of 33% for both fomite to hand and fingertip to mouth transfer for bacteria and phages [10]. With the high efficiency of fomite transfer, the persistence of SARS-CoV-2 on environmental surfaces is therefore a critical factor when considering the potential for fomite transmission for this virus. Currently, there are conflicting reports on the survivability of SARS-CoV-2, with data ranging from 3 to 14 days at room temperature for a single surface type, stainless steel [5, 11]. This study aims to provide environmental stability data for SARS-CoV-2 under controlled temperature and humidity conditions for a range of common surfaces.

Methods:

Virus isolate

The SARS-CoV-2 isolate (Betacoronavirus/Australia/SA01/2020) used in this study was kindly supplied by the Peter Doherty Institute (Victoria, Australia) on behalf of South Australian Health (South Australia). The virus was passaged four times through Vero E6 cells (ATCC CRL-1586) in Dulbecco's Modified Eagle Medium (DMEM) supplemented with Penicillin, Streptomycin, Fungizone and 10% fetal calf serum and pelleted via ultracentrifugation at 100,000×g for 90 min. The virus was resuspended in phosphate buffered saline (PBS) with 1% bovine serum albumin (BSA) and stored at – 80 °C (– 112 °F) . The virus stock was titrated on Vero E6 cells and the TCID50 was determined to be 4.97×10^7 /mL by the Spearman–Karber method [12, 13].

All work with infectious SARS-CoV-2 was conducted in the high containment laboratory (Biosafety level 4) at the Australian Centre for Disease Preparedness.

Surfaces

Australian polymer bank notes, de-monetized paper bank notes and common surfaces including brushed stainless steel, glass, vinyl, and cotton cloth were used as substrates in this study. Both polymer and paper banknotes were included in the study to gather information on the possible roles of note-based currency in general for the potential for fomite transmission. Stainless steel is used in kitchen areas and public facilities and is the substrate used in some disinfectant testing standards [14, 15]. Glass was chosen due to its prevalence in public areas, including hospital waiting rooms, public transport windows and shopping centers, and high contact surfaces such as mobile phone screens, ATMs and self-serve check-out machines. Vinyl is a common substrate used in social settings, tables, flooring, grab handles on public transport, as well as mobile phone screen protector material. Cotton was chosen as a porous substrate, often found in clothing, bedding and household fabrics.

All surfaces were prepared by cutting into approx. 1–1.5 cm² coupons, non-porous surfaces were disinfected prior to use by washing in a mild detergent (Beckman 555), rinsing in distilled water, and then immersing in 80% v/v ethanol. Paper bank notes (in very good condition) were heated in a dry oven to 75 °C (167 °F) for 1 h to reduce bacterial/viral contamination. The 100% cotton cloth was steam sterilized prior to use.

Following preparation, all surfaces were placed into a petri dish and allowed to dry in a class II biological safety cabinet (BSCII) at room temperature and humidity prior to inoculation.

Surface inoculation and sampling

Stock virus was diluted in a defined organic matrix, consisting of bovine serum albumin (BSA), mucin and tryptone, following international standard ASTM E2197 [15], designed to mimic the composition of body secretions. Briefly, 360 μL of virus stock was added to 160 μL of a solution consisting of 2.5 mg/mL BSA, 3.5 mg/mL tryptone and 0.8 mg/mL mucin. Ten microliters of the resulting suspension (final concentration of $3.38 \times 10^5/10 \mu\text{L}$) was inoculated onto the center of the coupon and allowed to dry in a BSCII for 1 h. Once dry, the coupons were placed into a humidified climate chamber (Memmert HPP110) for specified time points. Samples were incubated in the dark to limit any effect light might have on viral decay. A single humidity set point (50% relative humidity) was maintained for each of three separate temperature experiments, 20 °C (68 °F), 30 °C (86 °F) and 40 °C (104 °F). For the 20 °C (68 °F) and 30 °C (86 °F) temperature experiments, three replicates of each surface type were inoculated and sampled at the following time points; 1 h, 1 day, 3 days, 7 days, 14 days, 21 days and 28 days post inoculation. For the 40 °C (104 °F) experiment, triplicate samples were inoculated for the following time points; 1 h, 1 day, 2 days, 3 days, 4 days, and 7 days.

For non-porous surfaces, for each replicate, virus was eluted in $2 \times 115 \mu\text{L}$ volumes of DMEM with repeated pipetting then titrated individually, in quadruplicate wells on a 96-well plate. For recovery from cotton cloth, inoculated swatches of the cloth were individually submersed in 500 μL DMEM and pipetted repeatedly for at least 1 min before 230 μL of the recovered eluent from each swatch was titrated separately, in quadruplicate. Suspensions of Vero E6 cells ($3 \times 10^5/\text{mL}$) were added to the wells and the plates were incubated for 3 days at 37 °C (98.6 °F) with 5% CO₂. Wells were scored for the presence of cytopathic effect and titers calculated using the Spearman–Karber method.

Statistical analysis

Data analysis (regression analysis) and graphical representations were performed using GraphPad Prism (version 5). Decimal reduction time (D value—time at which there was a one log/90% reduction in titer) was calculated using

$$D = \frac{t}{(\log N_0 - \log N_f)}$$

Z-values (temperature change required to achieve a tenfold (i.e. 1 log₁₀) change in the D value) was calculated by plotting log D values against temperature. Calculated using:

$$Z = (t_2 - t_1) / (\log D_1 - \log D_2)$$

The half-life of each surface was calculated using;

$$t_{1/2} = \frac{\log_{10} 2}{k}$$

Results

At 20 °C (68 °F), infectious SARS-CoV-2 virus was still detectable after 28 days post inoculation, for all non-porous surfaces tested (glass, polymer note, stainless steel, vinyl and paper notes). The recovery of SARS-CoV-2 on porous material (cotton cloth) was reduced compared with most non-porous surfaces, with no infectious virus recovered past day 14 post inoculation. The majority of virus reduction on cotton occurred very soon after application of virus, suggesting an immediate adsorption effect. The calculated D values for surfaces at 20 °C (68 °F) ranged from 5.5 days for cotton to 9.1 days for paper notes and are shown in Table 1.

Table 1 Calculated D values (time taken to achieve a 90% reduction in titer) and half-life (time taken to achieve a 50% reduction in titer—in parentheses) for all surfaces at 20 °C (68 °F), 30 °C (86 °F) and 40 °C (104 °F)

	D values (half-life)			Z value (°C)
	20 °C—days	30 °C—days	40 °C – hours	
Stainless steel	5.96 (1.80)	1.74 (12.6 h)	4.86 (1.5 h)	13.62
Polymer note	6.85 (2.06)	2.04 (14.7 h)	4.78 (1.4 h)	13.02
Paper note	9.13 (2.74)	4.32 (32.7 h)	5.39 (1.6 h)	12.43
Glass	6.32 (1.90)	1.45 (10.5 h)	6.55 (2.0 h)	14.65
Cotton	5.57 (1.68)	1.65 (11.0 h)	–	18.91
Vinyl	6.34 (1.91)	1.40 (10.1 h)	9.90 (3.0 h)	16.86

Calculated Z values (temperature shift required to alter D value by 1 log). No infectious virus was recovered for cotton cloth at 40 °C at 24 h, D values were not able to be calculated

At 30 °C (86 °F), infectious virus was recoverable for 7 days from stainless steel, polymer notes and glass, and 3 days for vinyl and cotton cloth. For paper notes, infectious virus was detected for 21 days, although there was less than 1 log of virus recovered for both 14 day and 21-day time points. The D values for surfaces at 30 °C (86 °F) ranged from 1.4 days for vinyl to 4.9 days for paper notes (Table 1).

At 40 °C (104 °F), virus recovery was significantly reduced compared to both 20 °C (68 °F) and 30 °C (86 °F) experiments. Infectious SARS-CoV-2 was not recovered past 24 h for cotton cloth and 48 h for all remaining surfaces tested. Greater than 4-log reduction (99.99% reduction from starting titer) was observed in less than 24 h at 40 °C (104 °F) on all surfaces. The D values for surfaces at 40 °C (104 °F) have been converted to hours as they were all less than 1 day, values ranged from 5 h for polymer notes to 10.5 h for vinyl (Table 1).

For each temperature and substrate material, the mean titre from three replicates of recovered virus was plotted against time, with standard deviations included. Linear regression was used to calculate a line of best fit. Plots showing virus survival on each substrate at the three temperatures investigated are shown in Fig. 1. Plots presenting this data grouping all substrates at each of the three temperatures are given in Fig. 2. Calculated D-value, Half Life and Z-value are presented in Table 1.

figure1

Recovery of infectious SARS-CoV-2 for all surfaces and temperatures over time, TCID₅₀ data is plotted in log₁₀ intervals. No infectious virus was recovered at 24 h at 40 °C (104 °F) for cotton cloth. LoD (limit of detection) is recorded as 0.8 Log₁₀ TCID₅₀

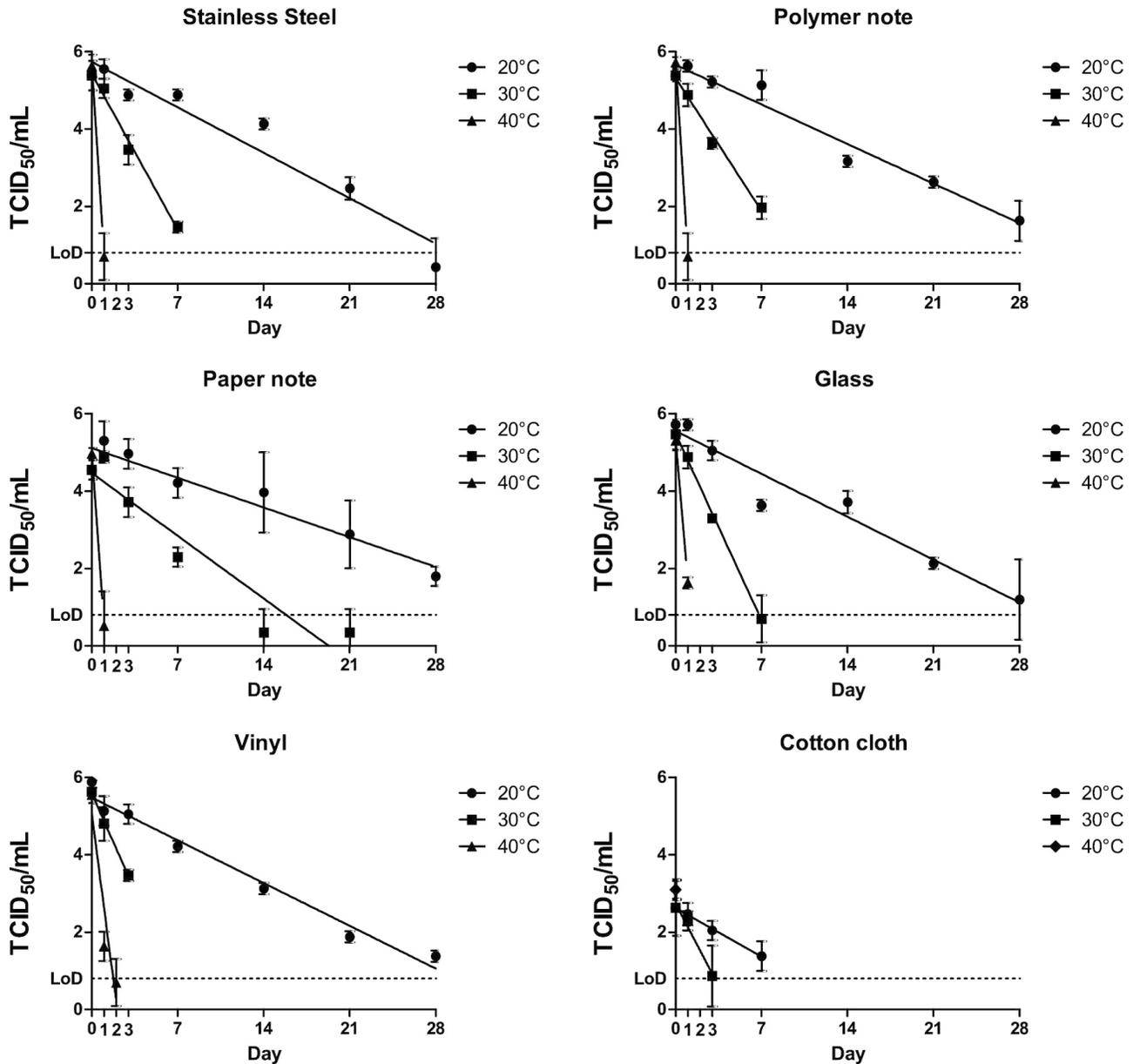
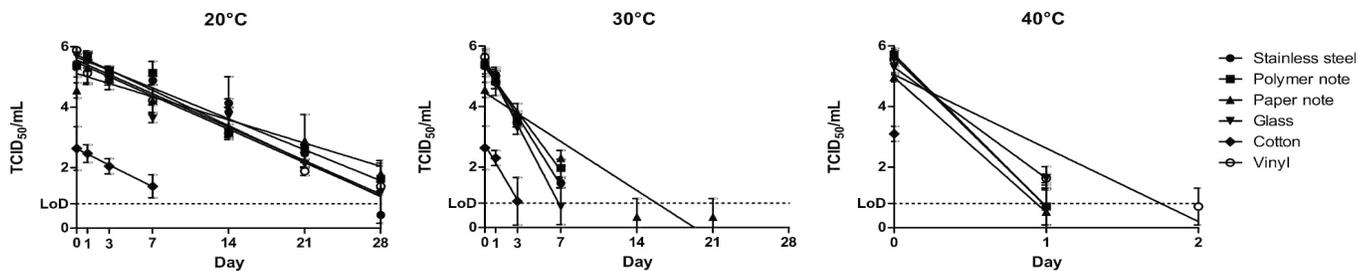


figure2

Grouping of each surface for individual temperatures. Trend lines for 20 °C (68 °F) show similar slopes, including for cotton cloth (although a reduced recovery was observed). A single well of virus was observed for paper banknotes in one out of three replicates for both 14 days and 21 days.



An additional table containing average titer and standard deviation for all substrates, time points and temperatures is available (See Additional file 1).

Discussion

While the primary spread of SARS-CoV-2 appears to be via aerosols and respiratory droplets, fomites may also be an important contributor in transmission of the virus. Fomite transmission has been demonstrated as an important factor in the spread other coronaviruses such as porcine epidemic diarrhea virus [16], as well as being suspected for Middle East Respiratory Syndrome coronavirus [17], human coronavirus 229E and OC43 [18] and SARS-CoV-2 [7].

This study utilized a virus concentration of 4.97×10^7 /mL diluted into a standard solution which mimics body fluid composition (final concentration of 3.38×10^5 /10 μ L inoculum), which equates to a cycle threshold (CT) value of 14.2, 14.0 and 14.8 for N gene, E gene and RdRp gene real time RT-PCR, respectively (unpublished data). Previous studies have shown some patients with high viral loads have recorded CT values of between 13 and 15 [19,20,21]. van Doremalen et al. [5] described their test material (105 TCID₅₀/mL) as having a CT of 20–22, which compared similarly to CTs reported from clinical patients [5, 22]. While the titer of virus utilized in this study is high it represents a plausible amount of virus that may be deposited on a surface.

The present study has demonstrated that in controlled conditions, SARS-CoV-2 at a starting viral load and in a fluid matrix equivalent to that typically excreted by infected patients, remains viable for at least 28 days when dried onto non-porous surfaces at 20 °C (68 °F) and 50% relative humidity. Research on the original SARS virus also showed recovery of infectious virus when dried on plastic for up to 28 days at room temperature and 40–50% RH [23]. Recent data published on SARS-CoV-2 survivability on hospital PPE observed ***viable virus up to 21 days post inoculation on both plastic and N95 mask material when held at room temperature*** [11], correlating with the data presented in this study. The persistence of SARS-CoV-2 on surfaces presented here and from Kasloff et al. [11] demonstrate significantly longer time points than previously published data for SARS-CoV-2 [5, 24]. These earlier studies reported recovery of infectious SARS-CoV-2 up to 3 days post inoculation and 4 days on non-porous surfaces, respectively. The titre of virus used in this study is at least 2 logs higher than used in the paper by van Doremalen et al. [5], which may account for the longer survivability. Work by Lai et al. has shown that stability of SARS virus was enhanced with higher concentrations [25]. Temperature and humidity are both critical factors in viral survivability with an increase in either being detrimental to virus survival [23, 26, 27]. Survivability on stainless steel coupons for transmissible gastroenteritis virus and murine hepatitis virus (both coronaviruses) was reduced with higher humidity's and temperature [28] and survivability of Middle East Respiratory Syndrome coronavirus also followed a similar pattern.

[29]. The higher humidity of ~ 65% RH used by Chin et al. [24] may explain the shorter persistence of virus when compared to the data presented here.

SARS-CoV-2 has been shown to be rapidly inactivated under simulated sunlight [30, 31]. To remove any potential decay by light sources, inoculated coupons were held in the dark for the duration of the experiment.

Decimal reduction (D value; the time taken to reduce the titer by 1 log) for SARS-CoV-2 at 20 °C (68 °F) and 50%RH ranged from 5.57 to 9.13 days (average 6.82) for all surfaces tested. This data is significantly longer than modelling predications performed by Guillier et al. [32]. The data presented here was performed under controlled conditions with fixed temperatures, relative humidity, suspension matrix and in the absence of light, which may explain the enhanced survivability observed in this study. The generation of Z values at different temperatures also allows for extrapolation of D values for each surface at other temperatures. The Z value represents the temperature change required to alter the D value by 1 log. For stainless steel, the D value was determined to be 6.48 days at 20 °C (68 °F), and the Z value of 13.62 °C (56.52 °F), therefore if the temperature was to drop by 13.62 °C (56.52 °F) from 20 °C (68 °F), i.e. to 6.38 °C (43.48 °F), then the D value would increase from 6.48 days to over 64 days. **This data could therefore provide a reasonable explanation for the outbreaks of COVID-19 surrounding meat processing and cold storage facilities. The data also supports the findings of a recent publication on survival of SARS-CoV-2 on fresh and frozen food** [33].

Stainless steel is a common surface for study of viral stability, and has been used to study the persistence on a number of viruses such as Ebola virus, hepatitis virus, Influenza A and Coronaviruses [28, 34,35,36,37]. This study demonstrates that SARS-CoV-2 is extremely stable on stainless steel surfaces at room temperature (> 28 days at 20 °C/50%RH) however, is less stable at elevated temperatures; 7 days at 30 °C (86 °F) and < 48 h at 40 °C (104 °F)). Recovery of infectious virus on stainless steel has been observed for murine hepatitis virus and transmissible gastroenteritis virus for up to 28 days albeit at a lower humidity 20%RH [28]. Interestingly, the same study showed survivability at 20 °C (68 °F) and 50%RH was significantly less (4–5 days), further suggesting the humidity may play a significant role in virus survival.

The persistence of virus on both paper and polymer currency is of particular significance, considering the frequency of circulation and the potential for transfer of viable virus both between individuals and geographic locations. While other studies have shown that paper notes harbor more pathogens than polymer notes [38], this data demonstrates that SARS-CoV-2 persists on both paper notes and polymer notes to at least 28 days at 20 °C (68 °F), albeit with a faster rate of inactivation on polymer notes. Data presented in this study for banknotes is significantly longer than reported for other respiratory viruses such as Influenza A (H3N2) which demonstrated survival up to 17 days at room temperature [39]. It is also noted that prior to SARS-Cov-2 being declared a pandemic, China had commenced decontamination of its paper-based currency, suggesting concerns over transmission via paper banknotes existed at the time [40, 41]. The United States and South Korea have also quarantined bank notes as a result of the pandemic [42, 43]. It is important to note that after 28 days, infectious SARS-CoV-2 was also recovered from stainless steel, vinyl and glass, suggesting survivability on paper or polymer banknotes was not very different from the other non-porous surfaces studied.

The persistence on glass is an important finding, given that touchscreen devices such as mobile phones, bank ATMs, supermarket self-serve checkouts and airport check-in kiosks are high touch surfaces which may not be regularly cleaned and therefore pose a transmission risk of SARS-CoV-2. It has been demonstrated that mobile phones can harbor pathogens responsible for nosocomial transmission [44], and unlike hands, are not regularly cleaned [45]. The data presented in this study correlates well with previously published data for Influenza A (H1N1) which recovered infectious virus up to 22 days at 22 °C (71.6 °F) and 7 days at 35 °C (95 °F) [37]. The persistence of SARS-COV-2 on glass and vinyl (both common screen and screen protector materials, suggest that touchscreen devices may provide a potential source of transmission, and should regularly be disinfected especially in multi-user environments.

The persistence of both SARS and SARS-CoV-2 on cotton has been demonstrated to be significantly shorter than on non-porous surfaces [11, 25]. The data presented here also shows a significant decrease in titer of

recovered virus after just 1 h drying at room temperature, 20 °C (68 °F), the amount of virus recovered from cotton swatches was approximately 99% less than for comparable virus recovery time points for non-porous material. To verify the reduced recovery on cotton, virus was eluted 5 min after depositing on the cotton, as well as 1 h, the titer of recovered virus after 5 min was similar to that of non-porous surfaces (data not shown) suggesting the process of drying down was a significant factor for cotton material but not from the non-porous surfaces. Recovery of virus from porous substrates is also likely to be reduced compared to non-porous substrates due to adherence of the virus to the fabric fibers. When the rate of viral inactivation is considered over time rather than the gross reduction from the initial inoculum there is a more subtle difference from the non-porous surfaces. The D values for cotton at 20 °C (68 °F), when compared other materials, are not significantly different from other substrates (eg. 5.6 days for cotton vs. 6.3 days for vinyl), and the slopes of the line which suggests the decay rate of virus is similar across substrates. This study also demonstrates significantly longer survival times on cotton (7 days) than previous reported [11, 25]. This difference could be due to differences in the types of cotton material used, the current study used 100% cotton cloth, while previous studies used either a cotton gown or cotton t-shirt.

Conclusions

The data presented in this study demonstrates that infectious SARS-CoV-2 can be recovered from non-porous surfaces for at least 28 days at ambient temperature and humidity, 20 °C (68 °F) and 50% RH. Increasing the temperature while maintaining humidity drastically reduced the survivability of the virus to as little as 24 h at 40 °C (104 °F) . The persistence of SARS-CoV-2 demonstrated in this study is pertinent to the public health and transport sectors. This data should be considered in strategies designed to mitigate the risk of fomite transmission during the current pandemic response.

Availability of data and materials

All data generated or analyzed during the study is included in the Additional file 1.

Abbreviations

ASTM: American Society for Testing and Materials

ATM: Automatic teller machine

BSCII: Biological Safety Cabinet, Class 2

BSA: Bovine serum albumin

CO₂: Carbon dioxide

CT: Cycle threshold

DMEM: Dulbecco's Modified Eagle Medium

E gene: Envelope gene of SARS-CoV-2

N gene: Nucleocapsid gene of SARS-CoV-2

N95: Non-oil 95 mask

PBS: Phosphate buffered saline

RH: Relative humidity

RT-PCR: Reverse transcription polymerase chain reaction

RdRp: Ribonucleic acid dependent ribonucleic acid polymerase

SARS: Severe Acute Respiratory Syndrome

SARS-CoV-2: Severe Acute Respiratory Syndrome Coronavirus 2

TCID50: Tissue Culture Infectious Dose—Fifty

U/V: Ultraviolet

WHO: World Health Organization

V/V: Volume per volume

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